

Before your eye test, we ask you to make a few measurements at your workstation. Do it yourself or with help from a colleague. Use a tape measure or a folding ruler. If you do the measurement yourself, we recommend using a folding ruler.

Our authorized opticians in the store use your measurements to adapt your computer glasses to your needs.

- 1 Measure the following distances at your workstation**
- 2 Fill out the measurement and the rest of the requisition form as shown.**
- 3 Book an eye test appointment for business customers on www.synoptik.dk/bestil-tid**
- 4 Show your approved requisition at your eye test**



Measuring:

- A. Screen(s):** Is measured from your eye to the middle of screen 1 and possibly screen 2. Indicative measurements are between 60-85 cm.
- B. Shortest reading distance:** Is measured from your eye to the shortest reading distance (for example cellphone, tablet, documents etc.). Indicative measurements are between 40-60 cm.
- C. Keyboard:** Is measured from your eye to the middle of your keyboard. Indicative measurements are between 40-60 cm.